

Literatur

- Abramowitz, J. S. (1996). Variants of exposure and response-prevention in the treatment of obsessive-compulsive disorder: A meta-analysis. *Behavior Therapy, 27*, 583-600.
- Abramowitz, J. S. (1997). Effectiveness of psychological and pharmacological treatments for obsessive-compulsive disorder: a quantitative review. *J Consult Clin Psychol, 65*(1), 44-52.
- Abramowitz, J. S. (1998). Does cognitive behavioral therapy cure obsessive-compulsive disorder? A meta-analytic evaluation of clinical significance. *Behavior Therapy, 29*, 339-355.
- Agosti, V., & Ocepek-Welikson, K. (1997). The efficacy of imipramine and psychotherapy in early-onset chronic depression: a reanalysis of the National Institute of Mental Health Treatment of Depression Collaborative Research Program. *J Affect Disord, 43*(3), 181-186.
- Agras, W. S., Schneider, J. A., Arnow, B., Raeburn, S. D., & Telch, C. F. (1989). Cognitive-behavioral and response prevention treatments for bulimia nervosa. *Journal of Consulting and Clinical Psychology, 57*, 215-221.
- Agras, W. S., Walsh, T., Fairburn, C. G., Wilson, G. T., & Kraemer, H. C. (2000). A multicenter comparison of cognitive-behavioral therapy and interpersonal psychotherapy for bulimia nervosa. *Arch Gen Psychiatry, 57*(5), 459-466.
- Allen, J. (in press). Mentalizing. *Bulletin of the Menninger Clinic*.
- Allen, J. G., & Fonagy, P. (2002). *The development of mentalizing and its role in psychopathology and psychotherapy*. (Technical Report No. 02-0048.). Topeka, KS: The Menninger Clinic, Research Department.
- André, C., Lelord, F., Legeron, P., Reignier, A., & Delattre, A. (1997). Etude contrôlée sur l'efficacité à 6 mois d'une prise en charge précoce de 132 conducteurs d'autobus victimes d'agression. *Encephale, 23*(1), 65-71.
- Anon. (1992). Cross design synthesis: A new strategy for studying medical outcomes. *Lancet, 340*, 944-946.
- Antony, M. M., & Barlow, D. H. (2002). Specific phobia. In D. H. Barlow (Ed.), *Anxiety and its disorders: The nature and treatment of anxiety and panic* (2nd ed.). New York: Guilford Publications.
- Arnsten, A. F. T., Mathew, R., Ubriani, R., Taylor, J. R., & Li, B.-M. (1999). alpha-1 noradrenergic receptor stimulation impairs prefrontal cortical cognitive function. *Biological Psychiatry, 45*, 26-31.
- Bacaltchuk, J., Hay, P., & Trefiglio, R. (2001). Antidepressants versus psychological treatments and their combination for bulimia nervosa. *Cochrane Database Syst Rev, 4*.
- Bacaltchuk, J., Trefiglio, R. P., Oliveira, I. R., Hay, P., Lima, M. S., & Mari, J. J. (2000). Combination of antidepressants and psychological treatments for bulimia nervosa: a systematic review. *Acta Psychiatr Scand, 101*(4), 256-264.
- Bachar, E., Latzer, Y., Kreitler, S., & Berry, E. M. (1999). Empirical comparison of two psychological therapies. Self psychology and cognitive orientation in the treatment of anorexia and bulimia. *J Psychother Pract Res, 8*(2), 115-128.
- Barber, J. P., & Muenz, L. R. (1996). The role of avoidance and obsessiveness in matching patients to cognitive and interpersonal psychotherapy: empirical findings from the treatment for depression collaborative research program. *J Consult Clin Psychol, 64*(5), 951-958.
- Barkham, M., Rees, A., Shapiro, D. A., Stiles, W. B., Agnew, R. M., Halstead, J., Culverwell, A., & Harrington, V. M. (1996). Outcomes of time-limited psychotherapy in applied settings: replicating the Second Sheffield Psychotherapy Project. *J Consult Clin Psychol, 64*(5), 1079-1085.
- Barley, W., Buie, S., Peterson, E., Hollingsworth, A., & al. (1993). Development of an inpatient cognitive-behavioral treatment program for borderline personality disorder. *Journal-of-Personality-Disorders, 7*(3), 232-240.
- Barrett, J. E., Williams, J. W., Jr., Oxman, T. E., Frank, E., Katon, W., Sullivan, M., Hegel, M. T., Cornell, J. E., & Sengupta, A. S. (2001). Treatment of dysthymia and minor depression in primary care: a randomized trial in patients aged 18 to 59 years. *J Fam Pract, 50*(5), 405-412.
- Bateman, A., & Fonagy, P. (1999). The effectiveness of partial hospitalization in the treatment of borderline personality disorder – a randomised controlled trial. *American Journal of Psychiatry, 156*, 1563-1569.
- Bateman, A., & Fonagy, P. (2001). Treatment of borderline personality disorder with psychoanalytically oriented partial hospitalization: an 18-month follow-up. *American Journal of Psychiatry, 158*(1), 36-42.
- Bateman, A., & Fonagy, P. (2003). Health service utilization costs for borderline personality disorder patients treated with psychoanalytically oriented partial hospitalization versus general psychiatric care. *Am J Psychiatry, 160*(1), 169-171.
- Bell, M., Bryson, G., Greig, T., Corcoran, C., & Wexler, B. E. (2001). Neurocognitive enhancement therapy with work therapy: effects on neuropsychological test performance. *Arch Gen Psychiatry, 58*(8), 763-768.
- Bellack, A. S., & Brown, S. A. (2001). Psychosocial treatments for schizophrenia. *Curr Psychiatry Rep, 3*(5), 407-412.
- Beutler, L., Engle, D., Mohr, D., Daldrup, R., & al. (1991). Predictors of differential response to cognitive, experiential, and self-directed psychotherapeutic procedures. *Journal-of-Consulting-and-Clinical-Psychology, 59*(2), 333-340.
- Bisson, J. I. (2003). Single-session early psychological interventions following traumatic events. *Clin Psychol Rev, 23*(3), 481-499.
- Bisson, J. I., Jenkins, P. L., Alexander, J., & Bannister, C. (1997). Randomised controlled trial of psychological debriefing for victims of acute burn trauma. *Br J Psychiatry, 171*, 78-81.
- Blackburn, I. M., & Moore, R. G. (1997). Controlled acute and follow-up trial of cognitive therapy and pharmacotherapy in out-patients with recurrent depression. *Br J Psychiatry, 171*, 328-334.
- Blatt, S. J., Quinlan, D. M., Zuroff, D. C., & Pilkonis, P. A. (1996). Interpersonal factors in brief treatment of depression: further analyses of the National Institute of Mental Health Treatment of Depression Collaborative Research Program. *J Consult Clin Psychol, 64*(1), 162-171.
- Blum, N., Pfohl, B., John, D. S., Monahan, P., & Black, D. W. (2002). STEPPS: a cognitive-behavioral systems-based group treatment for outpatients with borderline personality disorder—a pre-

- liminary report. *Compr Psychiatry*, 43(4), 301-310.
- Bohus, M., Haaf, B., Stiglmayr, C., Pohl, U., Bohme, R., & Linehan, M. (2000). Evaluation of inpatient dialectical-behavioral therapy for borderline personality disorder—a prospective study. *Behav Res Ther*, 38(9), 875-887.
- Borkovec, T. D., & Ruscio, A. M. (2001). Psychotherapy for generalized anxiety disorder. *J Clin Psychiatry*, 62(Suppl 11), 37-42; discussion 43-35.
- Boudewyns, P. A., & Hyer, L. A. (1996). Eye-movement desensitization and reprocessing (EMDR) as a treatment for Post Traumatic Stress Disorder (PTSD). *Clinical Psychology and Psychotherapy*, 3, 185-195.
- Brooker, C. (in press). Is training in Psychosocial Interventions worthwhile? Report of a psychosocial intervention trainee follow-up study. *International Journal of Nursing Studies*.
- Brooker, C., Falloon, I., Butterworth, A., Goldberg, D., Graham-Hole, V., & Hillier, V. (1994). The outcome of training community psychiatric nurses to deliver psychosocial intervention. *Br J Psychiatry*, 165(2), 222-230.
- Bryant, R. A., Sackville, T., Dang, S. T., Moulds, M., & Guthrie, R. (1999). Treating acute stress disorder: an evaluation of cognitive behavior therapy and supportive counseling techniques. *Am J Psychiatry*, 156(11), 1780-1786.
- Bulik, C. M., Sullivan, P. F., Carter, F. A., McIntosh, V. V., & Joyce, P. R. (1998). The role of exposure with response prevention in the cognitive-behavioural therapy for bulimia nervosa. *Psychol Med*, 28(3), 611-623.
- Burnand, Y., Andreoli, A., Kolatte, E., Venturini, A., & Rosset, N. (2002). Psychodynamic psychotherapy and clomipramine in the treatment of major depression. *Psychiatr Serv*, 53(5), 585-590.
- Butzlaff, R. L., & Hooley, J. M. (1998). Expressed emotion and psychiatric relapse: a meta-analysis. *Arch Gen Psychiatry*, 55(6), 547-552.
- Carroll, K., Rounsaville, B., & Gawin, F. (1991). A comparative trial of psychotherapies for ambulatory cocaine abusers: relapse prevention and interpersonal psychotherapy. *Am-J-Drug-Alcohol-Abuse*, 17, 229-247.
- Carroll, K., Rounsaville, B., Gordon, L., Nich, C., Jatlow, P., Bisighini, R., & Gawin, F. (1994). Psychotherapy and pharmacotherapy for ambulatory cocaine abusers. *Arch-Gen-Psychiatry*, 51, 177-187.
- Carroll, K., Rounsaville, B., Nich, C., Gordon, L., Wirtz, P., & Gawin, F. (1994). One-year follow-up of psychotherapy and pharmacotherapy for cocaine dependence. Delayed emergence of psychotherapy effects. *Arch-Gen-Psychiatry*, 51, 989-997.
- Carter, J. C., & Fairburn, C. G. (1998). Cognitive-behavioral self-help for binge eating disorder: A controlled effectiveness study. *Journal of Consulting and Clinical Psychology*, 66, 616-623.
- Casacalenda, N., Perry, J., & Looper, K. (2002). Remission in major depressive disorder: A comparison of pharmacotherapy, psychotherapy and control conditions. *American Journal of Psychiatry*, 159(8), 1354-1360.
- Castonguay, L. G., Goldfried, M. R., Wiser, S., Raue, P. J., & Hayes, A. M. (1996). Predicting the effect of cognitive therapy for depression: a study of unique and common factors. *J Consult Clin Psychol*, 64(3), 497-504.
- Chadwick, P., Sambrooke, S., Rasch, S., & Davies, E. (2000). Challenging the omnipotence of voices: group cognitive behavior therapy for voices. *Behav Res Ther*, 38(10), 993-1003.
- Chambless, D. L., & Hollon, S. (1998). Defining empirically supported therapies. *Journal of Consulting and Clinical Psychology*, 66, 7-18.
- Chambless, D. L., Sanderson, W. C., Shoham, V., Johnson, S. B., Pope, K. S., Crits-Christoph, P., Baker, M., Johnson, B., Woods, S. R., Sue, S., Beutler, L., Williams, D. A., & McCurry, S. (1996). An update on clinically validated therapies. *The Clinical Psychologist*, 49, 5-18.
- Chiesa, M., & Fonagy, P. (2000). Cassel Personality Disorder Study. Methodology and treatment effects. *Br J Psychiatry*, 176, 485-491.
- Chiesa, M., Fonagy, P., & Holmes, J. (in press). An experimental study of treatment outcome at the Cassel Hospital. In J. Lees & N. Manning & D. Menzies & M. Morant (Eds.), *Researching Therapeutic Communities*. London: Jessica Kingsley Publications.
- Chiesa, M., Fonagy, P., Holmes, J., Drahorad, C., & Harrison-Hall, A. (2002). Health service use costs by personality disorder following specialist and nonspecialist treatment: a comparative study. *J Personal Disord*, 16(2), 160-173.
- Chilvers, R., Harrison, G., Sipos, A., & Barley, M. (2002). Evidence into practice: Application of psychological models of change in evidence-based implementation. *Br J Psychiatry*, 181(2), 99-101.
- Churchill, R., Dewey, M., Gretton, V., Duggan, C., Chilvers, C., & Lee, A. (1999). Should general practitioners refer patients with major depression to counsellors? A review of current published evidence. Nottingham Counseling and Antidepressants in Primary Care (CAPC) Study Group. *Journal of General Practice*, 49(446), 738-743.
- Clarke, M., & Oxman, A. D. (1999). Cochrane Reviewers' Handbook 4.0 [updated July 1999], *Review Manager [Computer Program]: Version 4.0*. Oxford: The Cochrane Collaboration.
- Clarkin, J. F., Foelsch, P.A., Levy, K.N., Hull, J. W., Delaney, J.C., Kernberg, O.F. (2001). The development of a psychodynamic treatment for patients with borderline personality disorder: A preliminary study of behavioral change. *Journal of Personality Disorders*, 15, 487-495.
- Clarkin, J. F., Glick, I. D., Haas, G. L., Spencer, J. H., Lewis, A. B., Peyser, J., DeMane, N., Good-Ellis, M., Harris, E., & Lestelle, V. (1990). A randomized clinical trial of inpatient family intervention. V. Results for affective disorders. *J Affect Disord*, 18(1), 17-28.
- Clarkin, J. F., Kernberg, O. F., & Yeomans, F. (1999). *Transference-Focused Psychotherapy for Borderline Personality Disorder Patients*. New York, NY: Guilford Press.
- Colom, F., Vieta, E., Martinez-Aran, A., Reinares, M., Goikolea, J. M., Benabarre, A., Torrent, C., Comes, M., Corbella, B., Parramon, G., & Corominas, J. (2003). A randomized trial on the efficacy of group psychoeducation in the prophylaxis of recurrences in bipolar patients whose disease is in remission. *Arch Gen Psychiatry*, 60(4), 402-407.
- Cornac, I., Jones, C., Campbell, C., & Silveira da Mota Neto, J. (2002). Cognitive

- behaviour therapy for schizophrenia (Cochrane Review), *The Cochrane Library*. Oxford: Update Software.
- Crits-Christoph, P., Siqueland, L., Blaine, J., Frank, A., Luborsky, L., Onken, L. S., Muenz, L., Thase, M. E., Weiss, R. D., Gastfriend, D. R., Woody, G., Barber, J. P., Butler, S. F., Daley, D., Bishop, S., Najavits, L. M., Lis, J., Mercer, D., Griffin, M. L., Moras, K., & Beck, A. T. (1997). The National Institute on Drug Abuse Collaborative Cocaine Treatment Study. Rationale and methods. *Arch Gen Psychiatry*, 54(8), 721-726.
- Crits-Christoph, P., Siqueland, L., Blaine, J., Frank, A., Luborsky, L., Onken, L. S., Muenz, L. R., Thase, M. E., Weiss, R. D., Gastfriend, D. R., Woody, G. E., Barber, J. P., Butler, S. F., Daley, D., Salloum, I., Bishop, S., Najavits, L. M., Lis, J., Mercer, D., Griffin, M. L., Moras, K., & Beck, A. T. (1999). Psychosocial treatments for cocaine dependence: National Institute on Drug Abuse Collaborative Cocaine Treatment Study. *Arch Gen Psychiatry*, 56(6), 493-502.
- Cuijpers, P. (1997). Bibliotherapy in unipolar depression: a meta-analysis. *J Behav Ther Exp Psychiatry*, 28(2), 139-147.
- Cunningham Owens, D. G., Carroll, A., Fattah, S., Clyde, Z., Coffey, I., & Johnstone, E. C. (2001). A randomized, controlled trial of a brief interventional package for schizophrenic out-patients. *Acta Psychiatr Scand*, 103(5), 362-369.
- Dare, C., Eisler, I., Russell, G., Treasure, J., & Dodge, L. (2001). Psychological therapies for adults with anorexia nervosa: randomised controlled trial of out-patient treatments. *Br J Psychiatry*, 178, 216-221.
- Davidson, K. M., & Tyrer, P. (1996). Cognitive therapy for antisocial and borderline personality disorders: single case study series. *Br J Clin Psychol*, 35(Pt 3), 413-429.
- Davidson, P. R., & Parker, K. C. (2001). Eye movement desensitization and reprocessing (EMDR): a meta-analysis. *J Consult Clin Psychol*, 69(2), 305-316.
- de Haan, E., van Oppen, P., van Balkom, A. J. L. M., Spinhoven, P., Hoogduin, K. A. L., & Van Dyck, R. (1997). Prediction of outcome and early vs. late improvement in OCD patients treated with cognitive behaviour therapy and pharmacotherapy. *Acta Psychiatrica Scandinavia*, 96, 354-361.
- de Jonghe, F., Kool, S., van Aalst, G., Dekker, J., & Peen, J. (2001). Combining psychotherapy and antidepressants in the treatment of depression. *J Affect Disord*, 64(2-3), 217-229.
- Department of Health. (2001). *Treatment choice in psychological therapies and counselling : Evidence based clinical practice guideline*. London: Department of Health.
- DeRubeis, R. J., Gelfand, L. A., Tang, T. Z., & Simons, A. D. (1999). Medications versus cognitive behavior therapy for severely depressed outpatients: Meta-analysis of four randomized comparisons. *American Journal of Psychiatry*, 156, 1007-1013.
- Derubeis, R. J., & Hollon, S. (2002). *Cognitive therapy and antidepressants are equally effective for initial treatment of severe depression*. Paper presented at the APA Annual Conference, Philadelphia.
- Devilley, G. J., & Foa, E. B. (2001). The investigation of exposure and cognitive therapy: comment on Tarrrier et al (1999). *J Consult Clin Psychol*, 69(1), 114-116.
- Devilley, G. J., & Spence, S. H. (1999). The relative efficacy and treatment distress of EMDR and a cognitive-behavior trauma treatment protocol in the amelioration of posttraumatic stress disorder. *J Anxiety Disord*, 13(1-2), 131-157.
- Devilley, G. J., Spence, S. H., & Rapee, R. M. (1998). Statistical and reliable change with Eye Movement Desensitization and Reprocessing (EMDR): Treating trauma within a veteran population. *Behavior Therapy*, 29, 435-455.
- Dick, B. M., & Woof, K. (1986). An evaluation of a time-limited programme of dynamic group psychotherapy. *British Journal of Psychiatry*, 148, 159-164.
- Dowrick, C., Dunn, G., Ayuso-Mateos, J. L., Dalgard, O. S., Page, H., Lehtinen, V., Casey, P., Wilkinson, C., Vazquez-Barquero, J. L., & Wilkinson, G. (2000). Problem solving treatment and group psychoeducation for depression: multi-centre randomised controlled trial. Outcomes of Depression International Network (ODIN) Group. *Bmj*, 321(7274), 1450-1454.
- Drury, V., Birchwood, M., & Cochrane, R. (2000). Cognitive therapy and recovery from acute psychosis: a controlled trial. 3. Five-year follow-up. *Br J Psychiatry*, 177, 8-14.
- Drury, V., Birchwood, M., Cochrane, R., & Macmillan, F. (1996a). Cognitive therapy and recovery from acute psychosis: a controlled trial. I. Impact on psychotic symptoms. *Br J Psychiatry*, 169(5), 593-601.
- Drury, V., Birchwood, M., Cochrane, R., & Macmillan, F. (1996b). Cognitive therapy and recovery from acute psychosis: a controlled trial. II. Impact on recovery time. *Br J Psychiatry*, 169(5), 602-607.
- Dunn, C., Deroo, L., & Rivara, F. (2001). The use of brief interventions adapted from motivational interviewing across behavioral domains: a systematic review. *Addiction*, 96(12), 1725-1742.
- Ehlers, A., & Clark, D. (2003). Early psychological interventions for adult survivors of trauma: a review. *Biol Psychiatry*, 53(9), 817-826.
- Eisler, I., Dare, C., Hodes, M., Russell, G., Dodge, E., & Le Grange, D. (2000). Family therapy for adolescent anorexia nervosa: The results of a controlled comparison of two family interventions. *Journal of Child Psychology & Psychiatry*, 41, 727-736.
- Eldredge, K. L., Stewart Agras, W., Arnow, B., Telch, C. F., Bell, S., Castonguay, L., & Marnell, M. (1997). The effects of extending cognitive-behavioral therapy for binge eating disorder among initial treatment nonresponders. *Int J Eat Disord*, 21(4), 347-352.
- Elkin, I., Shea, M. T., Watkins, J. T., Imber, S. D., Sotsky, S. M., Collins, J. F., Glass, D. R., Pilkonis, P. A., Lever, W. R., Docherty, J. P., Fiester, S. J., & Parloff, M. B. (1989). National Institute of Mental Health Treatment of Depression Collaborative Research Program: General effectiveness of treatment. *Archives of General Psychiatry*, 46, 971-982.
- Emanuel-Zuurveen, L., & Emmelkamp, P. M. (1996). Individual behavioural-cognitive therapy v. marital therapy for depression in maritally distressed couples. *Br J Psychiatry*, 169(2), 181-188.
- Emmelkamp, P. M., Krijn, M., Hulsbosch, A. M., de Vries, S., Schuemie, M. J., &

- van der Mast, C. A. (2002). Virtual reality treatment versus exposure in vivo: a comparative evaluation in acrophobia. *Behav Res Ther*, *40*(5), 509-516.
- Evans, K., Tyrer, P., Catalan, J., Schmidt, U., Davidson, K., Dent, J., Tata, P., Thornton, S., Barber, J., & Thompson, S. (1999). Manual-assisted cognitive-behaviour therapy (MACT): a randomized controlled trial of a brief intervention with bibliotherapy in the treatment of recurrent deliberate self-harm. *Psychol Med*, *29*(1), 19-25.
- Fairburn, C. G., Jones, R., Peveler, R. C., Carr, S. J., Solomon, R. A., O'Connor, M. E., Burton, J., & Hope, R. A. (1991). Three psychological treatments for bulimia nervosa: A comparative trial. *Archives of General Psychiatry*, *48*, 463-469.
- Fairburn, C. G., Jones, R., Peveler, R. C., Hope, R. A., & O'Connor, M. (1993). Psychotherapy and bulimia nervosa: The longer term effects of interpersonal psychotherapy, behaviour therapy, and cognitive behaviour therapy. *Archives of General Psychiatry*, *50*, 419-428.
- Falloon, I. R. H., Boyd, J., & McGill, C. (1984). *Family care of schizophrenia*. New York: Guilford Press.
- Fawcett, J., Zajecka, M., & Kravitz, M. (1989). Fluoxetine vs amitriptyline in adult outpatients with major depression. *Current Therapy Research*, *46*, 821-832.
- Fecteau, G., & Nicki, R. (1999). Cognitive behavioural treatment of post traumatic stress disorder after motor vehicle accident. *Behavioural and Cognitive Psychotherapy*, *27*, 201-214.
- Fedoroff, I. C., & Taylor, S. (2001). Psychological and pharmacological treatments of social phobia: a meta-analysis. *J Clin Psychopharmacol*, *21*(3), 311-324.
- Field, R., Woodside, D. B., Kaplan, A. S., Olmstead, M., & Carter, J. C. (2001). Pretreatment motivated enhancement therapy for eating disorders: A pilot study. *International Journal of Eating Disorders*, *29*, 393-400.
- Foa, E. B. (2000). Psychosocial treatment of posttraumatic stress disorder. *J Clin Psychiatry*, *61*(Suppl 5), 43-48; discussion 49-51.
- Foa, E. B., Abramowitz, J. S., Franklin, M. E., & Kozak, M. J. (1999). Feared consequences, fixity of belief, and treatment outcome in patients with obsessive-compulsive disorder. *Behavior Therapy*, *30*, 717-724.
- Foa, E. B., Dancu, C. V., Hembree, E. A., Jaycox, L. H., Meadows, E. A., & Street, G. P. (1999). A comparison of exposure therapy, stress inoculation training, and their combination for reducing post-traumatic stress disorder in female assault victims. *J Consult Clin Psychol*, *67*(2), 194-200.
- Foa, E. B., & Kozak, M. (1996). Obsessive-compulsive disorder: Long-term outcome of psychological treatment. In M. R. Mavissakalian & R. F. Prien (Eds.), *Long-term treatments of anxiety disorders* (pp. 285-309). Washington DC: American Psychiatric Press.
- Foa, E. B., Rothbaum, B. O., Riggs, D. S., & Murdock, T. B. (1991). Treatment of posttraumatic stress disorder in rape victims: a comparison between cognitive-behavioral procedures and counseling. *J Consult Clin Psychol*, *59*(5), 715-723.
- Fombonne, E. (1998). Increased rates of psychosocial disorders in youth. *European Archives of Psychiatry and Clinical Neuroscience*, *248*, 14-21.
- Fonagy, P. (1999). Process and outcome in mental health care delivery: a model approach to treatment evaluation. *Bulletin Of The Menninger Clinic*, *63*(3), 288-304.
- Fonagy, P. (in press). Epilogue to the Mentalizing Symposium. *Bulletin of the Menninger Clinic*.
- Frank, E., Hlastala, S., Ritenour, A., Houck, P., Tu, X. M., Monk, T. H., Mallinger, A. G., & Kupfer, D. J. (1997). Inducing lifestyle regularity in recovering bipolar disorder patients: results from the maintenance therapies in bipolar disorder protocol. *Biol Psychiatry*, *41*(12), 1165-1173.
- Frank, E., Kupfer, D. J., Wagner, E. F., McEachern, A. B., & Cornes, C. (1991). Efficacy of interpersonal therapy as a maintenance treatment of recurrent depression. *Archives of General Psychiatry*, *48*, 1053-1059.
- Frank, E., Swartz, H. A., Mallinger, A. G., Thase, M. E., Weaver, E. V., & Kupfer, D. J. (1999). Adjunctive psychotherapy for bipolar disorder: effects of changing treatment modality. *J Abnorm Psychol*, *108*(4), 579-587.
- Franklin, M. E., Abramowitz, J. S., Kozak, M. J., Levitt, J. T., & Foa, E. B. (2000). Effectiveness of exposure and ritual prevention for obsessive-compulsive disorder: randomized compared with nonrandomized samples. *J Consult Clin Psychol*, *68*(4), 594-602.
- Gaffan, E., Tsaousis, I., & Kemp-Wheeler, S. (1995). Researcher allegiance and meta-analysis: the case of cognitive therapy for depression. *Journal of Consulting and Clinical Psychology*, *63*(6), 966-980.
- Garcia-Palacios, A., Hoffman, H., Carlin, A., Furness, T. A., 3rd, & Botella, C. (2002). Virtual reality in the treatment of spider phobia: a controlled study. *Behav Res Ther*, *40*(9), 983-993.
- Garety, P., Fowler, D., Kuipers, E., Freeman, D., Dunn, G., Bebbington, P., Hadley, C., & Jones, S. (1997). London-East Anglia randomised controlled trial of cognitive-behavioural therapy for psychosis. II: Predictors of outcome. *Br J Psychiatry*, *171*, 420-426.
- Geddes, J., Carney, S., Davies, C., Furukawa, T., Kupfer, D. J., Frank, E., & Goodwin, G. (2003). Relapse prevention with antidepressant drug treatment in depressive disorders: a systematic review. *Lancet*, *361*, 653-661.
- Gillespie, K., Duffy, M., Hackmann, A., & Clark, D. M. (2002). Community based cognitive therapy in the treatment of posttraumatic stress disorder following the Omagh bomb. *Behav Res Ther*, *40*(4), 345-357.
- Gledhill, A., Lobban, F., & Sellwood, W. (1998). Group CBT for people with schizophrenia: A preliminary evaluation. *Behavioural and Cognitive Psychotherapy*, *26*(1), 63-75.
- Gloaguen, V., Cottraux, J., Cucherat, M., & Blackburn, I. (1998). A meta-analysis of the effects of cognitive therapy in depressed patients. *Journal of Affective Disorders*, *49*(1), 59-72.
- Goldfried, M. R., & Wolfe, B. E. (1996). Psychotherapy practice and research: Repairing a strained alliance. *American Psychologist*, *51*, 1007-1016.
- Gottdiener, W., & Haslam, N. (2002). The benefits of individual psychotherapy for people diagnosed with schizophrenia: A meta-analytic review. *Ethical Human Sciences and Services*, *4*(3), 163-187.

- Gottheil, E., Weinstein, S., Sterling, R., Lundy, A., & Serota, R. (1998). A randomized controlled study of the effectiveness of intensive outpatient treatment for cocaine dependence. *Psychiatric-Services, 49*(6), 782-787.
- Gray, S. M., Frankle, W. G., & Sachs, G. S. (2001). STEP-BD – A design for evaluating effectiveness of treatment for Bipolar Disorder. *The Economics of Neuroscience, 3*, 65-68.
- Hamilton, K. E., & Dobson, K. S. (2002). Cognitive therapy of depression: pre-treatment patient predictors of outcome. *Clin Psychol Rev, 22*(6), 875-893.
- Haug, T. T., Blomhoff, S., Hellstrom, K., Holme, I., Humble, M., Madsbu, H. P., & Wold, J. E. (2003). Exposure therapy and sertraline in social phobia: 1-year follow-up of a randomised controlled trial. *Br J Psychiatry, 182*, 312-318.
- Hay, P. J., & Bacaltchuk, J. (2001). Psychotherapy for bulimia nervosa and bingeing. *Cochrane Database Syst Rev, 3*.
- Heimberg, R., Dodge, C., Hope, D., Kennedy, C., & al. (1990). Cognitive behavioral group treatment for social phobia: Comparison with a credible placebo control. *Cognitive-Therapy-and-Research, 14*(1), 1-23.
- Heimberg, R., Salzman, D., Holt, C., & Blendell, K. (1993). Cognitive-behavioral group treatment for social phobia: Effectiveness at five-year follow-up. *Cognitive-Therapy-and-Research, 17*(4), 325-339.
- Heimberg, R. G. (2002). Cognitive-behavioral therapy for social anxiety disorder: current status and future directions. *Biol Psychiatry, 51*(1), 101-108.
- Heimberg, R. G., Liebowitz, M. R., Hope, D. A., Schneier, F. R., Holt, C. S., Welkowitz, L. A., Juster, H. R., Campeas, R., Bruch, M. A., Cloitre, M., Fallon, B., & Klein, D. F. (1998). Cognitive behavioral group therapy vs phenelzine therapy for social phobia: 12-week outcome. *Arch Gen Psychiatry, 55*(12), 1133-1141.
- Heinssen, R. K., Liberman, R. P., & Kopelowicz, A. (2000). Psychosocial skills training for schizophrenia: lessons from the laboratory. *Schizophr Bull, 26*(1), 21-46.
- Higgins, S., Badger, G., & Budney, A. (2000). Initial abstinence and success in achieving longer term cocaine abstinence. *Experimental-and-Clinical-Psychopharmacology, 8*, 377-386.
- Higgins, S., Wong, C., Badger, G., Ogden, D., & Dantona, R. (2000). Contingent reinforcement increases cocaine abstinence during outpatient treatment and 1 year of follow-up. *J-Consult-Clin-Psychol, 68*, 64-72.
- Higgitt, A., & Fonagy, P. (2002). Clinical effectiveness. *Br J Psychiatry, 181*(2), 170-174.
- Himle, J. A., Rassi, S., Haghghatgou, H., Krone, K. P., Nesse, R. M., & Abelson, J. (2001). Group behavioral therapy of obsessive-compulsive disorder: seven vs. twelve-week outcomes. *Depress Anxiety, 13*(4), 161-165.
- Hoagwood, K., Hibbs, E., Brent, D., & Jensen, P. (1995). Introduction to the special section: Efficacy and effectiveness in studies of child and adolescent psychotherapy. *Journal of Consulting and Clinical Psychology, 63*, 683-687.
- Hobbs, M., Mayour, R., Harrison, B., & Worlock, P. (1996). A randomised controlled trial of psychological debriefing for victims of road traffic accidents. *Bmj, 313*(7070), 1438-1439.
- Hogarty, G. E., Greenwald, D., Ulrich, R. F., Kornblith, S. J., DiBarry, A. L., Cooley, S., Carter, M., & Flesher, S. (1997). Three-year trials of personal therapy among schizophrenic patients living with or independent of family, II: Effects on adjustment of patients. *Am J Psychiatry, 154*(11), 1514-1524.
- Hogarty, G. E., Kornblith, S. J., Greenwald, D., DiBarry, A. L., Cooley, S., Ulrich, R. F., Carter, M., & Flesher, S. (1997). Three-year trials of personal therapy among schizophrenic patients living with or independent of family, I: Description of study and effects on relapse rates. *Am J Psychiatry, 154*(11), 1504-1513.
- Holmes, J. (2002). All you need is cognitive behaviour therapy? *British Medical Journal, 324*, (7332), 288-290; discussion 290-284.
- Hsu, L., Rand, W., Sullivan, S., Liu, D., Mulliken, B., McDonagh, B., & Kaye, W. (2001). Cognitive therapy, nutritional therapy and their combination in the treatment of bulimia nervosa. *Psychological Medicine, 31*(5), 871-879.
- Humphreys, K., & Weisner, C. (2000). Use of exclusion criteria in selecting research subjects and its effect on the generalizability of alcohol treatment outcome studies. *Am J Psychiatry, 57*, 588-594.
- Huxley, N. A., Rendall, M., & Sederer, L. (2000). Psychosocial treatments in schizophrenia: a review of the past 20 years. *J Nerv Ment Dis, 188*(4), 187-201.
- Jakes, S., Rhodes, J., & Turner, T. (1999). Effectiveness of cognitive therapy for delusions in routine clinical practice. *Br J Psychiatry, 175*, 331-335.
- Jarrett, R. B., Basco, M. R., Risser, R., Ramanan, J., Marwill, M., Kraft, D., & Rush, A. J. (1998). Is there a role for continuation phase cognitive therapy for depressed outpatients? *Journal of Consulting and Clinical Psychology, 66*, 1036-1040.
- Jarrett, R. B., Kraft, D., Doyle, J., Foster, B. M., Eaves, G., & Silver, P. (2001). Preventing recurrent depression using cognitive therapy with and without a continuation phase: A randomized clinical trial. *Archives of General Psychiatry, 58*, 381-388.
- Jarrett, R. B., Schaffer, M., McIntire, D., Witt-Browder, A., Kraft, D., & Risser, R. C. (1999). Treatment of atypical depression with cognitive therapy or phenelzine: a double-blind, placebo-controlled trial. *Arch Gen Psychiatry, 56*(5), 431-437.
- Jellinek, M. S. (2003). Mirror, mirror on the wall: are we prescribing the right psychotropic medications to the right children using the right treatment plan? *Arch Pediatr Adolesc Med, 157*(1), 14-16.
- Jenike, M. (1990). Approaches to the patient with treatment-refractory obsessive compulsive disorder. *Journal-of-Clinical-Psychiatry, 51*(2, Suppl), 15-21.
- Jenike, M. A., Baer, L., Minichiello, W. E., Schwartz, C. E., & Carey, R. J., Jr. (1986). Coexistent obsessive-compulsive disorder and schizotypal personality disorder: a poor prognostic indicator. *Arch Gen Psychiatry, 43*(3), 296.
- Jones, M. K., & Mezius, R. G. (1997). Danger ideation reduction therapy (DIRT): preliminary findings with three obsessive-compulsive washers. *Behaviour Research and Therapy, 35*, 955-960.

- Jones, M. K., & Mezies, R. G. (1998). Danger ideation reduction therapy (DIRT) for treatment resistant compulsive washers. A controlled trial. *Behaviour Research and Therapy*, *36*, 959-970.
- Judd, L. L., Akiskal, H. S., Maser, J. D., Zeller, P. J., Endicott, J., Coryell, W., Paulus, M. P., Kunovac, J. L., Leon, A. C., Mueller, T. I., Rice, J. A., & Keller, M. B. (1998). A prospective 12-year study of subsyndromal and syndromal depressive symptoms in unipolar major depressive disorders. *Arch Gen Psychiatry*, *55*(8), 694-700.
- Kachele, H. (1999). A multicenter study of expenditure and success in psychodynamic therapy of eating disorders. Study design and initial results. *Psychother Psychosom Med Psychol*, *49*(3-4), 100-108.
- Kachele, H., Kordy, H., Richard, M., & TREAT Research Group. (2001). Therapy amount and outcome of inpatient psychodynamic treatment of eating disorders in Germany: Data from a multicenter study. *Psychotherapy Research*, *11*(3), 239-257.
- Kadden, R., Litt, M., Cooney, N., & Busher, D. (1992). Relationship between role-play measures of coping skills and alcoholism treatment outcome. *Addictive Behaviors*, *17*(5), 425-437.
- Karterud, S., Vaglum, S., Friis, S., Irion, T., Johns, S., & Vaglum, P. (1992). Day hospital therapeutic community treatment for patients with personality disorder: An empirical evaluation of the containment function. *The Journal of Nervous and Mental Disease*, *180*, 238-243.
- Kazdin, A. E. (1998). *Research design in clinical psychology*. Needham Heights, MA: Allyn & Bacon.
- Keller, M., McCullough, J., Klein, D., Arnow, B., Dunner, D., Gelenberg, A., Markowitz, J., Nemeroff, C., Russell, J., Thase, M. E., Trivedi, M., & Zajecka, J. (2000). A comparison of nefazodone, the cognitive behavioral analysis system of psychotherapy, and their combination for the treatment of chronic depression. *New England Journal of Medicine*, *342*(20), 1462-1470.
- Kirsch, I., Moore, T., Scoboria, A., & Nicholls, S. (2002). The emperor's new drugs: An analysis of antidepressant medication data submitted to the US Food and Drug Administration. *Prevention and Treatment*, *5*(article 23), <http://www.journals.apa.org/prevention/volume5/pre0050023a.html>.
- Kobak, K. A., Greist, J. H., Jefferson, J. W., Katzelnick, D. J., & Henk, H. J. (1998). Behavioral versus pharmacological treatments of obsessive compulsive disorder: a meta-analysis. *Psychopharmacology (Berl)*, *136*(3), 205-216.
- Kranzler, H. R., & Van Kirk, J. (2001). Efficacy of naltrexone and acamprosate for alcoholism treatment: a meta-analysis. *Alcohol Clin Exp Res*, *25*(9), 1335-1341.
- Krochmalik, A., Jones, M. K., & Mezies, R. G. (2001). Danger ideation reduction therapy (DIRT) for treatment resistant compulsive washing. *Behaviour Research and Therapy*, *39*, 897-912.
- Krupnick, J. L., Sotsky, S. M., Simmens, S., Moyer, J., Elkin, I., Watkins, J., & Pilkonis, P. A. (1996). The role of the therapeutic alliance in psychotherapy and pharmacotherapy outcome: findings in the National Institute of Mental Health Treatment of Depression Collaborative Research Program. *J Consult Clin Psychol*, *64*(3), 532-539.
- Krystal, J. H., Cramer, J. A., Krol, W. F., Kirk, G. F., & Rosenheck, R. A. (2001). Naltrexone in the treatment of alcohol dependence. *N Engl J Med*, *345*(24), 1734-1739.
- Kuipers, E., Fowler, D., Garety, P., Chisholm, D., Freeman, D., Dunn, G., Bebbington, P., & Hadley, C. (1998). London-East Anglia randomised controlled trial of cognitive-behavioural therapy for psychosis. III: Follow-up evaluation at 18 months. *British Journal of Psychiatry*, *173*, 61-68.
- Kuipers, E., Garety, P., Fowler, D., Dunn, G., Bebbington, P., Freeman, D., & Hadley, C. (1997). London-East Anglia randomised controlled trial of cognitive-behavioural therapy for psychosis. I: effects of the treatment phase. *Br J Psychiatry*, *171*, 319-327.
- Kuyken, W., Kurzer, N., DeRubeis, R. J., Beck, A. T., & Brown, G. K. (2001). Response to cognitive therapy in depression: the role of maladaptive beliefs and personality disorders. *J Consult Clin Psychol*, *69*(3), 560-566.
- Lam, D., Bright, J., Jones, S., Hayward, P., Schuck, N., Chisholm, D., & Sham, P. (2000). Cognitive therapy for bipolar illness—a pilot study of relapse prevention. *Cognitive-Therapy-and-Research*, *24*(5), 503-520.
- Lam, D., Wong, G., & Sham, P. (2001). Prodromes, coping strategies and course of illness in bipolar affective disorder—a naturalistic study. *Psychol Med*, *31*(8), 1397-1402.
- Lancashire, S., Haddock, G., Tarrier, N., Baguley, I., Butterworth, C. A., & Brooker, C. (1997). Effects of training in psychosocial interventions for community psychiatric nurses in England. *Psychiatric Services*, *48*(1), 39-41.
- Leff, J., & Everitt, B. (2001). "Is couple therapy better than antidepressant drugs?": Commentary reply. *British-Journal-of-Psychiatry*, *178*, 181-182.
- Leff, J., Sharpley, M., Chisholm, D., Bell, R., & Gamble, C. (2001). Training community psychiatric nurses in Schizophrenia family work: A study of clinical and economic outcomes for patients and relatives. *Journal of Mental Health*, *10*(2), 189-197.
- Leff, J., Vearnals, S., Brewin, C. R., Wolff, G., Alexander, B., Asen, E., Dayson, D., Jones, E., Chisholm, D., & Everitt, B. (2000). The London Depression Intervention Trial. Randomised controlled trial of antidepressants v. couple therapy in the treatment and maintenance of people with depression living with a partner: clinical outcome and costs. *Br J Psychiatry*, *177*, 95-100.
- Leff, J. P., & Wing, J. K. (1971). Trial of maintenance therapy in schizophrenia. *Br Med J*, *3*(775), 599-604.
- Leichsenring, F. (2002). The effectiveness of psychodynamic therapy. A review using criteria of evidence-based medicine (German). *Zeitschrift Fur Psychosomatische Medizin und Psychotherapie*, *48*(2), 139-162.
- Lewandowski, L. M., Gebing, T. A., Anthony, J. L., & O'Brien, W. H. (1997). Meta-analysis of cognitive-behavioral treatment studies for bulimia. *Clinical Psychology Review*, *17*, 703-718.
- Lewis, S., Tarrier, N., Haddock, G., Bentall, R., Kinderman, P., Kingdon, D., Siddle, R., Drake, R., Everitt, J., Leadley, K., Benn, A., Grazebrook, K., Haley, C., Akhtar, S., Davies, L., Palmer, S., Faragher, B., & Dunn, G. (2002). Randomised con-

- trolled trial of cognitive-behavioural therapy in early schizophrenia: acute-phase outcomes. *Br J Psychiatry Suppl*, 43, s91-97.
- Linehan, M. M. (1993). *The skills training manual for treating borderline personality disorder*. New York: Guilford Press.
- Linehan, M. M., Armstrong, H. E., Suarez, A., Allmon, D., & Heard, H. (1991). Cognitive-behavioural treatment of chronically parasuicidal borderline patients. *Archives of General Psychiatry*, 48, 1060-1064.
- Linehan, M. M., Dimeff, L. A., Reynolds, S. K., Comtois, K. A., Welch, S. S., Heagerty, P., & Kivlahan, D. R. (2002). Dialectical behavior therapy versus comprehensive validation therapy plus 12-step for the treatment of opioid dependent women meeting criteria for borderline personality disorder. *Drug Alcohol Depend*, 67(1), 13-26.
- Linehan, M. M., Heard, H. L., & Armstrong, H. E. (1993). Naturalistic follow-up of a behavioral treatment for chronically parasuicidal borderline patients. *Archives of General Psychiatry*, 50, 971-974.
- Linehan, M. M., Schmidt, H., Dimeff, L. A., Craft, J. C., Kanter, J., & Comtois, K. A. (1999). Dialectical behavior therapy for patients with borderline personality disorder and drug dependence. *American Journal on Addictions*, 8, 279-292.
- Lovell, K., Marks, I. M., Noshirvani, H., & O'Sullivan, G. (1994). Should treatment distinguish anxiogenic from anxiolytic obsessive-compulsive ruminations? Results of a pilot controlled study and of a clinical audit. *Psychother Psychosom*, 61(3-4), 150-155.
- Low, G., Jones, D., Duggan, C., Power, M., & MacLeod, A. (2001). The treatment of deliberate self-harm in borderline personality disorder using dialectical behaviour therapy: A pilot study in a high security hospital. *Behavioural-and-Cognitive-Psychotherapy*, 29(1), 85-92.
- Luborsky, L., Diguier, L., Seligman, D. A., Rosenthal, R., Krause, E. D., Johnson, S., Halperin, G., Bishop, M., Berman, J. S., & Schweizer, E. (1999). The researcher's own therapy allegiances: A 'wild card' in comparisons of treatment efficacy. *Clinical Psychology: Science and Practice*, 6, 95-106.
- Malmberg, L., & Fenton, M. (2001). Individual psychodynamic psychotherapy and psychoanalysis for schizophrenia and severe mental illness. *Cochrane Database Syst Rev*, 3.
- Marcus, S. V., Marquis, P., & Sakai, C. (1997). Controlled study of treatment of PTSD using EMDR in an HMO setting. *Psychotherapy*, 34, 307-315.
- Mari, J. J., & Streiner, D. L. (1994). An overview of family interventions and relapse on schizophrenia: meta-analysis of research findings. *Psychol Med*, 24(3), 565-578.
- Mattick, R., & Jarvis, T. (1993). *An Outline for the Management of Alcohol Problems: Quality Assurance Project*. Sydney: National Drug and Alcohol Research Centre.
- Maxfield, L., & Hyer, L. (2002). The relationship between efficacy and methodology in studies investigating EMDR treatment of PTSD. *J Clin Psychol*, 58(1), 23-41.
- McCrary, B. S., Epstein, E. E., & Hirsch, L. S. (1999). Maintaining change after conjoint behavioral alcohol treatment for men: outcomes at 6 months. *Addiction*, 94(9), 1381-1396.
- McDermut, W., Miller, I., & Brown, R. (2001). The efficacy of group psychotherapy for depression: A meta-analysis and review of the empirical research. *Clinical Psychology: Science and Practice*, 8(1), 98-116.
- McFarlane, W. R., Lukens, E., Link, B., Dushay, R., Deakins, S. A., Newmark, M., Dunne, E. J., Horen, B., & Toran, J. (1995). Multiple-family groups and psychoeducation in the treatment of schizophrenia. *Archives of General Psychiatry*, 52, 679-687.
- McGorry, P. D., Yung, A. R., Phillips, L. J., Yuen, H. P., Francey, S., Cosgrave, E. M., Germano, D., Bravin, J., McDonald, T., Blair, A., Adlard, S., & Jackson, H. (2002). Randomized controlled trial of interventions designed to reduce the risk of progression to first-episode psychosis in a clinical sample with subthreshold symptoms. *Arch Gen Psychiatry*, 59(10), 921-928.
- McLean, P. D., Whittal, M. L., Thordarson, D. S., Taylor, S., Sochting, I., Koch, W. J., Paterson, R., & Anderson, K. W. (2001). Cognitive versus behavior therapy in the group treatment of obsessive-compulsive disorder. *J Consult Clin Psychol*, 69(2), 205-214.
- Meares, R., Stevenson, J., & Comerford, A. (1999). Psychotherapy with borderline patients: I. A comparison between treated and untreated cohorts. *Australian-and-New-Zealand-Journal-of-Psychiatry*, 33(4), 467-472.
- Merinder, L. B. (2000). Patient education in schizophrenia: a review. *Acta Psychiatr Scand*, 102(2), 98-106.
- Meyers, R. J., Miller, W. R., Hill, D. E., & Tonigan, R. S. (1999). Community reinforcement and family training (CRAFT): Engaging unmotivated drug users in treatment. *Journal of Substance Abuse*, 10(3), 1-18.
- Miklowitz, D. J., Simoneau, T. L., George, E. L., Richards, J. A., Kalbag, A., Sachs-Ericsson, N., & Suddath, R. (2000). Family-focused treatment of bipolar disorder: 1-year effects of a psychoeducational program in conjunction with pharmacotherapy. *Biol Psychiatry*, 48(6), 582-592.
- Miller, W. R., Meyers, R. J., & Tonigan, J. S. (1999). Engaging the unmotivated in treatment for alcohol problems: a comparison of three strategies for intervention through family members. *J Consult Clin Psychol*, 67(5), 688-697.
- Miller, W. R., & Wilbourne, P. L. (2002). Mesa Grande: A methodological analysis of clinical trials of treatments for alcohol use disorders. *Addiction*, 97, 265-277.
- Minichiello, W., Baer, L., & Jenike, M. (1987). Schizotypal Personality Disorder: A poor prognostic indicator for behavior therapy in the treatment of Obsessive Compulsive Disorder. *Journal-of-Anxiety-Disorders*, 1(3), 273-276.
- Monahan, S. C., & Finney, J. W. (1996). Explaining abstinence rates following treatment for alcohol abuse: a quantitative synthesis of patient, research design and treatment effects. *Addiction*, 91(6), 787-805.
- Moncrieff, J., Wessely, S., & Hardy, R. (2003). Active placebos versus antidepressants for depression (Cochrane Review). *The Cochrane Library*, 1.
- Morrison, A., Bentall, R., French, P., Walford, L., Kilcommons, A., Knight, A., Kreutz, M., & Lewis, S. (2002). Randomised controlled trial of early detection and

- cognitive therapy for preventing transition to psychosis in high-risk individuals: Study design and interim analysis of transition rate and psychological risk factors. *British Journal of Psychiatry*, *181* (Suppl 43), s78-s84.
- Moyer, A., Finney, J. W., Swearingen, C. E., & Vergun, P. (2002). Brief interventions for alcohol problems: a meta-analytic review of controlled investigations in treatment-seeking and non-treatment-seeking populations. *Addiction*, *97*(3), 279-292.
- Mueller, E., & Silverman, N. (1989). Peer relations in maltreated children. In D. Cicchetti & V. Carlson (Eds.), *Child maltreatment: Theory and research on the causes and consequences of child abuse and neglect* (pp. 529-578). New York: Cambridge University Press.
- Mynors-Wallis, L., Gath, D., Day, A., & Baker, F. (2000). Randomised controlled trial of problem solving treatment, antidepressant medication, and combined treatment for major depression in primary care. *BMJ*, *320*(7226), 26-30.
- Mynors-Wallis, L. M., Gath, D. H., Lloyd-Thomas, A. R., & Tomlinson, D. (1995). Randomised controlled trial comparing problem solving treatment with amitriptyline and placebo for major depression in primary care. *Bmj*, *310*(6977), 441-445.
- Narrow, W. E., Rae, D. S., Robins, L. N., & Regier, D. A. (2002). Revised prevalence estimates of mental disorders in the United States: using a clinical significance criterion to reconcile 2 surveys' estimates. *Arch Gen Psychiatry*, *59*(2), 115-123.
- National Collaborating Centre for Mental Health. (2002). *Schizophrenia: Core interventions in the treatment and management of schizophrenia in primary and secondary care*. London: National Institute for Clinical Excellence.
- NHS Executive. (1996). *NHS Psychotherapy services in England: Review of Strategic Policy*. London: NHSE.
- O'Connor, K., Todorov, C., Robillard, S., Borgeat, F., & Brault, M. (1999). Cognitive-behaviour therapy and medication in the treatment of obsessive-compulsive disorder: a controlled study. *Can J Psychiatry*, *44*(1), 64-71.
- O'Farrell, T. J., Choquette, K. A., & Cutter, H. S. (1998). Couples relapse prevention sessions after behavioral marital therapy for male alcoholics: outcomes during the three years after starting treatment. *J Stud Alcohol*, *59*(4), 357-370.
- O'Farrell, T. J., Choquette, K. A., Cutter, H. S., Brown, E. D., & McCourt, W. F. (1993). Behavioral marital therapy with and without additional couples relapse prevention sessions for alcoholics and their wives. *J Stud Alcohol*, *54*(6), 652-666.
- Ogles, B. M., Lambert, M. J., & Sawyer, J. D. (1995). Clinical significance of the National Institute of Mental Health Treatment of Depression Collaborative Research Program data. *Journal of Consulting and Clinical Psychology*, *63*, 321-326.
- Olfson, M. (1999). Emerging methods in mental health outcomes research. *Journal of Practical Psychiatry and Behavioural Health*, *5*, 20-24.
- Olfson, M., Mechanic, D., Boyer, C. A., & Hansell, S. (1998). Linking inpatients with schizophrenia to outpatient care. *Psychiatric Services*, *49*, 911-917.
- O'Malley, S. S., Jaffe, A. J., Chang, G., Rode, S., Schottenfeld, R., Meyer, R. E., & Rounsaville, B. (1996). Six-month follow-up of naltrexone and psychotherapy for alcohol dependence. *Arch Gen Psychiatry*, *53*(3), 217-224.
- O'Malley, S. S., Jaffe, A. J., Chang, G., Schottenfeld, R. S., Meyer, R. E., & Rounsaville, B. (1992). Naltrexone and coping skills therapy for alcohol dependence. A controlled study. *Arch Gen Psychiatry*, *49*(11), 881-887.
- Oosterbaan, D. B., van Balkom, A. J., Spinhoven, P., de Meij, T. G., & van Dyck, R. (2002). The influence on treatment gain of comorbid avoidant personality disorder in patients with social phobia. *J Nerv Ment Dis*, *190*(1), 41-43.
- Ost, L. G., Alm, T., Brandberg, M., & Breitholtz, E. (2001). One vs five sessions of exposure and five sessions of cognitive therapy in the treatment of claustrophobia. *Behav Res Ther*, *39*(2), 167-183.
- Ost, L. G., Ferebee, I., & Furmark, T. (1997). One-session group therapy of spider phobia: direct versus indirect treatments. *Behav Res Ther*, *35*(8), 721-732.
- Otto, M. W., Pollack, M. H., Gould, R. A., Worthington, J. J., 3rd, McARDLE, E. T., & Rosenbaum, J. F. (2000). A comparison of the efficacy of clonazepam and cognitive-behavioral group therapy for the treatment of social phobia. *J Anxiety Disord*, *14*(4), 345-358.
- Palmer, C., & Fenner, J. (1999). *Getting the message across: Review of research and theory about disseminating information within the NHS*. London: Gaskell.
- Palmer, R. L., Birchall, H., McGrain, L., & Sullivan, V. (2002). Self-help for bulimic disorders: a randomised controlled trial comparing minimal guidance with face-to-face or telephone guidance. *Br J Psychiatry*, *181*, 230-235.
- Perkonig, A., Kessler, R. C., Storz, S., & Wittchen, H. U. (2000). Traumatic events and post-traumatic stress disorder in the community: prevalence, risk factors and comorbidity. *Acta Psychiatr Scand*, *101*(1), 46-59.
- Perlick, D., Clarkin, J. F., Sirey, J., Raue, P., Greenfield, S., Struening, E., & Rosenheck, R. (1999). Burden experienced by caregivers of persons with bipolar affective disorder. *Br J Psychiatry*, *175*, 56-62.
- Perlick, D. A., Rosenheck, R. A., Clarkin, J. F., Sirey, J. A., Salahi, J., Struening, E. L., & Link, B. G. (2001). Stigma as a barrier to recovery: Adverse effects of perceived stigma on social adaptation of persons diagnosed with bipolar affective disorder. *Psychiatr Serv*, *52*(12), 1627-1632.
- Perry, A., Tarrier, N., Morriss, R., McCarthy, E., & Limb, K. (1999). Randomised controlled trial of efficacy of teaching patients with bipolar disorder to identify early symptoms of relapse and obtain treatment. *Bmj*, *318*(7177), 149-153.
- Pharoah, F., Mari, J., & Streiner, D. (2000). Family intervention for schizophrenia. *Cochrane database of systematic reviews*. Online Update Software.
- Pike, K. (1998). Long-term course of anorexia nervosa: Response, relapse, remission, and recovery. *Clinical Psychology Review*, *18*(4), 447-475.
- Piper, W. E., Rosie, J. S., Azim, H. F. A., & Joyce, A. S. (1993). A randomised trial of psychiatric day treatment for patients with affective and personality disorders. *Hospital and Community Psychiatry*, *44*, 757-763.

- Randolph, E. T., Eth, S., Glynn, S. M., Paz, G. G., Leong, G. B., Shaner, A. L., Strachan, A., Van Vort, W., Escobar, J. I., & Liberman, R. P. (1994). Behavioural family management in schizophrenia. Outcome of a clinic-based intervention. *Br J Psychiatry*, *164*(4), 501-506.
- Rawson, R., Huber, A., McCann, M., Shoptaw, S., Farabee, D., Reiber, C., & Ling, W. (2002). A comparison of contingency management and cognitive-behavioral approaches during methadone maintenance treatment for cocaine dependence. *Archives-of-General-Psychiatry*, *59*(9), 817-824.
- Reich, J. H., & Vasile, R. G. (1993). Effect of personality disorders on the treatment outcome of axis I conditions: an update. *J Nerv Ment Dis*, *181*(8), 475-484.
- Reynolds, C. F., 3rd, Frank, E., Dew, M. A., Houck, P. R., Miller, M., Mazumdar, S., Perel, J. M., & Kupfer, D. J. (1999). Treatment of 70(+)-year-olds with recurrent major depression. Excellent short-term but brittle long-term response. *Am J Geriatr Psychiatry*, *7*(1), 64-69.
- Reynolds, C. F., 3rd, Frank, E., Perel, J. M., Imber, S. D., Cornes, C., Miller, M. D., Mazumdar, S., Houck, P. R., Dew, M. A., Stack, J. A., Pollock, B. G., & Kupfer, D. J. (1999). Nortriptyline and interpersonal psychotherapy as maintenance therapies for recurrent major depression: a randomized controlled trial in patients older than 59 years. *Jama*, *281*(1), 39-45.
- Rose, S., Bisson, J., & Wessely, S. (2003). Psychological debriefing for preventing post traumatic stress disorder (PTSD) (Cochrane Review), *The Cochrane Library, Issue 2*. Oxford: Update software.
- Roth, A., & Fonagy, P. (1996). *What works for whom? A critical review of psychotherapy research*. New York: Guilford Press.
- Roth, A., & Fonagy, P. (in press). *What works for whom? A critical review of psychotherapy research. Second edition*. New York: Guilford Press.
- Roth, A., & Parry, G. (1997). The implications of psychotherapy research for clinical practice and service development: lessons and limitations. *Journal of Mental Health*, *6*, 367-380.
- Rothbaum, B. O., & Astin, M. C. (2000). Integration of pharmacotherapy and psychotherapy for bipolar disorder. *J Clin Psychiatry*, *61*(Suppl 9), 68-75.
- Rothbaum, B. O., Hodges, L., Smith, S., Lee, J. H., & Price, L. (2000). A controlled study of virtual reality exposure therapy for the fear of flying. *J Consult Clin Psychol*, *68*(6), 1020-1026.
- Rowland, N., Bower, P., Mellor, C., Heywood, P., & Godfrey, C. (2001). Counselling for depression in primary care. *Cochrane Database of Systematic Reviews*, *1*, CD001025.
- Ryle, A., & Golyunkina, K. (2000). Effectiveness of time-limited cognitive analytic therapy of borderline personality disorder: factors associated with outcome. *Br J Med Psychol*, *73*(Pt 2), 197-210.
- Samuels, J., Eaton, W. W., Bienvenu, O. J., 3rd, Brown, C. H., Costa, P. T., Jr., & Nestadt, G. (2002). Prevalence and correlates of personality disorders in a community sample. *Br J Psychiatry*, *180*, 536-542.
- Sandahl, C., Herlitz, K., Ahlin, G., & Rönnerberg, S. (1998). Time-limited group therapy for moderately alcohol dependent patients: a randomised controlled trial. *Psychotherapy Research*, *8*, 361-378.
- Scholing, A., & Emmelkamp, P. M. (1999). Prediction of treatment outcome in social phobia: a cross-validation. *Behav Res Ther*, *37*(7), 659-670.
- Scott, J., Garland, A., & Moorhead, S. (2001). A pilot study of cognitive therapy in bipolar disorders. *Psychol Med*, *31*(3), 459-467.
- Sellman, J. D., Sullivan, P. F., Dore, G. M., Adamson, S. J., & MacEwan, I. (2001). A randomized controlled trial of motivational enhancement therapy (MET) for mild to moderate alcohol dependence. *J Stud Alcohol*, *62*(3), 389-396.
- Sensky, T., & Scott, J. (2002). All you need is cognitive behaviour therapy? Critical appraisal of evidence base must be understood and respected. *Bmj*, *324*(7352), 1522.
- Sensky, T., Turkington, D., Kingdon, D., Scott, J. L., Scott, J., Siddle, R., O'Carroll, M., & Barnes, T. R. (2000). A randomized controlled trial of cognitive-behavioral therapy for persistent symptoms in schizophrenia resistant to medication. *Arch Gen Psychiatry*, *57*(2), 165-172.
- Shapiro, D. A., Barkham, M., Rees, A., Hardy, G. E., Reynolds, S., & Startup, M. (1994). Effects of treatment duration and severity of depression on the effectiveness of cognitive-behavioral and psychodynamic-interpersonal psychotherapy. *J Consult Clin Psychol*, *62*(3), 522-534.
- Shapiro, D. A., Rees, A., Barkham, M., Hardy, G., Reynolds, S., & Startup, M. (1995). Effects of treatment duration and severity of depression on the maintenance of gains after cognitive-behavioral and psychodynamic-interpersonal psychotherapy. *Journal of Consulting and Clinical Psychology*, *63*, 378-387.
- Shapiro, F. (1996). Errors of context and review of eye movement desensitization and reprocessing research. *J Behav Ther Exp Psychiatry*, *27*(3), 313-317.
- Shea, M. T., Elkin, I., Imber, S. D., Sotsky, S. M., Watkins, J. T., Collins, J. F., Pilkonis, P. A., Beckham, E., Glass, D. R., Dolan, R. T., & Parloff, M. B. (1992). Course of depressive symptoms over follow-up: Findings from the NIMH treatment of depression collaborative research programme. *Archives of General Psychiatry*, *49*, 782-787.
- Shea, M. T., Widiger, T. A., & Klein, M. H. (1992). Comorbidity of personality disorders and depression: Implications for treatment. *Journal of Consulting and Clinical Psychology*, *60*, 857-868.
- Sherman, J. J. (1998). Effects of psychotherapeutic treatments for PTSD: a meta-analysis of controlled clinical trials. *J Trauma Stress*, *11*(3), 413-435.
- Smith, J. E., Meyers, R. J., & Delaney, H. D. (1998). The community reinforcement approach with homeless alcohol-dependent individuals. *Journal of Consulting & Clinical Psychology*, *66*(3), 541-548.
- Smith, J. W., Frawley, P. J., & Polissar, N. L. (1997). Six- and twelve-month abstinence rates in inpatient alcoholics treated with either faradic aversion or chemical aversion compared with matched inpatients from a treatment registry. *J Addict Dis*, *16*(1), 5-24.
- Srisurapanont, M., & Jarusuraisin, N. (2002). Opioid antagonists for alcohol dependence. *Cochrane Database Syst Rev*, *2*.
- Stevenson, J., & Meares, R. (1992). An outcome study of psychotherapy for patients with borderline personality

- disorder. *American Journal of Psychiatry*, 149, 358-362.
- Stevenson, J., & Meares, R. (1999). Psychotherapy with borderline patients: II. A preliminary cost benefit study. *Australian-and-New-Zealand-Journal-of-Psychiatry*, 33(4), 473-477.
- Stiles, W. B., Agnew-Davies, R., Hardy, G. E., Barkham, M., & Shapiro, D. A. (1998). Relations of the alliance with psychotherapy outcome: findings in the Second Sheffield Psychotherapy Project. *J Consult Clin Psychol*, 66(5), 791-802.
- Streeton, C., & Whelan, G. (2001). Naltrexone, a relapse prevention maintenance treatment of alcohol dependence: a meta-analysis of randomized controlled trials. *Alcohol Alcohol*, 36(6), 544-552.
- Swartz, H. A., & Frank, E. (2001). Psychotherapy for bipolar depression: a phase-specific treatment strategy? *Bipolar Disord*, 3(1), 11-22.
- Tarrier, N. (2001). What Can Be Learned From Clinical Trials? Reply to Devilly and Foa. *Journal of Consulting and Clinical Psychology*, 69, 117-118.
- Tarrier, N. (2002). Commentary: Yes, cognitive behaviour therapy may well be all you need. *British Medical Journal*, 324, 288-294.
- Tarrier, N., Kinney, C., McCarthy, E., Humphreys, L., Wittkowski, A., & Morris, J. (2000). Two-year follow-up of cognitive-behavioral therapy and supportive counseling in the treatment of persistent symptoms in chronic schizophrenia. *J Consult Clin Psychol*, 68(5), 917-922.
- Tarrier, N., Pilgrim, H., Sommerfield, C., Faragher, B., Reynolds, M., Graham, E., & Barrowclough, C. (1999). A randomized trial of cognitive therapy and imaginal exposure in the treatment of chronic posttraumatic stress disorder. *J Consult Clin Psychol*, 67(1), 13-18.
- Tarrier, N., Sommerfield, C., Pilgrim, H., & Humphreys, L. (1999). Cognitive therapy or imaginal exposure in the treatment of post-traumatic stress disorder. Twelve-month follow-up. *Br J Psychiatry*, 175, 571-575.
- Tarrier, N., & Turpin, G. (1992). Psychosocial factors, arousal and schizophrenic relapse. The psychophysiological data. *Br J Psychiatry*, 161, 3-11.
- Tarrier, N., Wittkowski, A., Kinney, C., McCarthy, E., Morris, J., & Humphreys, L. (1999). Durability of the effects of cognitive-behavioural therapy in the treatment of chronic schizophrenia: 12 month follow-up. *British Journal of Psychiatry*, 174, 500-504.
- Tarrier, N., Yusupoff, L., Kinney, C., McCarthy, E., Gledhill, A., Haddock, G., & J., M. (1998). Randomised controlled trial of intensive cognitive-behavioural therapy for patients with chronic schizophrenia. *British Medical Journal*, 317, 303-307.
- Teasdale, J. D., Segal, Z. V., Williams, J. M., Ridgeway, V. A., Soulsby, J. M., & Lau, M. A. (2000). Prevention of relapse/recurrence in major depression by mindfulness-based cognitive therapy. *J Consult Clin Psychol*, 68(4), 615-623.
- Teasdale, J. D., Segal, Z. V., Williams, J. M. G., Ridgeway, V. A., Soulsby, J. M., & Lau, M. A. (2000). Prevention of relapse/recurrence in major depression by Mindfulness-Based Cognitive Therapy. *Journal of Consulting and Clinical Psychology*, 68, 615-623.
- Thase, M. E., Greenhouse, J. B., Frank, E., Reynolds, C. F., Pilkonis, P. A., Hurley, K., Grichocinski, V., & Kupfer, D. J. (1997). Treatment of major depression with psychotherapy or psychotherapy-pharmacotherapy combinations. *Archives of General Psychiatry*, 54, 1009-1015.
- Thom, A., Sartory, G., & Jhren, P. (2000). Comparison between one-session psychological treatment and benzodiazepine in dental phobia. *J Consult Clin Psychol*, 68(3), 378-387.
- Tolin, D. F., Abramowitz, J. S., Kozak, M. J., & Foa, E. B. (2001). Fixity of belief, perceptual aberration, and magical ideation in obsessive-compulsive disorder. *J Anxiety Disord*, 15(6), 501-510.
- Torgersen, S., Kringlen, E., & Cramer, V. (2001). The prevalence of personality disorders in a community sample. *Arch Gen Psychiatry*, 58(6), 590-596.
- Turkington, D., Kingdon, D., & Turner, T. (2002). Effectiveness of a brief cognitive-behavioural therapy intervention in the treatment of schizophrenia. *Br J Psychiatry*, 180, 523-527.
- Tyrer, P., Merson, S., Onyett, S., & Johnson, T. (1994). The effect of personality disorder on clinical outcome, social networks and adjustment: A controlled clinical trial of psychiatric emergencies. *Psychological-Medicine*, 24(3), 731-740.
- Tyrer, P., Seivewright, N., Ferguson, B., Murphy, S., & Johnson, A. L. (1993). The Nottingham Study of Neurotic Disorder: Effect of personality status on response to drug treatment, cognitive therapy and self-help over two years. *British Journal of Psychiatry*, 162, 219-226.
- van Dam Baggen, R., & Kraaimaat, F. (2000). Group social skills training or cognitive group therapy as the clinical treatment of choice for generalized social phobia? *Journal-of-Anxiety-Disorders*, 14(5), 437-451.
- van den Bosch, L., Verheul, R., Schippers, G., & van den Brink, W. (2002). Dialectical Behavior Therapy of borderline patients with and without substance use problems: Implementation and long-term effects. *Addictive-Behaviors*, 27(6), 911-923.
- Van Etten, M. L., & Taylor, S. (1998). Comparative efficacy of treatments for PTSD: A meta-analysis. *Clinical Psychology and Psychotherapy*, 5(3), 126-145.
- van Oppen, P., de Haan, E., van Balkom, A. J., Spinhoven, P., Hoogduin, K., & van Dyck, R. (1995). Cognitive therapy and exposure in vivo in the treatment of obsessive compulsive disorder. *Behav Res Ther*, 33(4), 379-390.
- Verheul, R., van den Bosch, L., Koeter, M., de Ridder, M., Stijnen, T., & van den Brink, W. (2003). Dialectical behaviour therapy for women with borderline personality disorder: 12-month, randomised clinical trial in The Netherlands. *British-Journal-of-Psychiatry*, 182(2), 135-140.
- Wallerstein, R. S. (1986). *Forty-two Lives in Treatment: A Study of Psychoanalysis and Psychotherapy*. New York: Guildford Press.
- Walsh, B. T., Wilson, G. T., Loeb, K. L., Devlin, M. J., Pike, K. M., Roose, S. P., Fleiss, J., & Waternaux, C. (1997). Medication and psychotherapy in the treatment of bulimia nervosa. *Am J Psychiatry*, 154(4), 523-531.
- Wampold, B., Minami, T., Baskin, T., & Callen-Tierney, S. (2002). A meta-(re)analysis of the effects of cognitive therapy versus 'other therapies' for depression. *Journal of Affective Disorders*, 68(2-3), 159-165.
- Warren, R., & Thomas, J. C. (2001). Cognitive-behavior therapy of obsessive-

- compulsive disorder in private practice: an effectiveness study. *J Anxiety Disord*, 15(4), 277-285.
- Weiss, R. D., Griffin, M. L., Greenfield, S. F., Najavits, L. M., Wyner, D., Soto, J. A., & Hennen, J. A. (2000). Group therapy for patients with bipolar disorder and substance dependence: results of a pilot study. *J Clin Psychiatry*, 61(5), 361-367.
- Weisz, J. R., Weiss, B., Han, S. S., Granger, D. A., & Morton, T. (1995). Effects of psychotherapy with children and adolescents revisited: a meta-analysis of treatment outcome studies. *Psychol Bull*, 117(3), 450-468.
- Weisz, J. R., Weiss, B., Morton, T., Granger, D., & Han, S. (1992). *Meta-analysis of psychotherapy outcome research with children and adolescents*. Los Angeles: University of California.
- Wells, E. A., Peterson, P. L., Gainey, R. R., Hawkins, J. D., & Catalano, R. F. (1994). Outpatient treatment for cocaine abuse: a controlled comparison of relapse prevention and twelve-step approaches. *Am J Drug Alcohol Abuse*, 20(1), 1-17.
- Wells, K. B., Burnam, M. A., Rogers, W., Hays, R., & Camp, P. (1992). The course of depression in adult outpatients. Results from the Medical Outcomes Study. *Arch Gen Psychiatry*, 49(10), 788-794.
- Whittal, M., Agras, W., & Gould, R. (1999). Bulimia nervosa: A meta-analysis of psychosocial and pharmacological treatments. *Behavior Therapy*, 30(1), 117-135.
- Whittle, P. (2000). Experimental psychology and psychoanalysis: What we can learn from a century of misunderstanding. *Neuro-psychoanalysis*, 1, 233-245.
- Wildgoose, A., Clarke, S., & Waller, G. (2001). Treating personality fragmentation and dissociation in borderline personality disorder: a pilot study of the impact of cognitive analytic therapy. *Br J Med Psychol*, 74(Pt 1), 47-55.
- Wilhelm, F. H., & Roth, W. T. (1997). Acute and delayed effects of alprazolam on flight phobics during exposure. *Behav Res Ther*, 35(9), 831-841.
- Williams, C., & Whitfield, G. (2001). Written and computer-based self-help treatments for depression. *Br Med Bull*, 57, 133-144.
- Wilson, G. T., Eldredge, K. L., Smith, D., & Niles, B. (1991). Cognitive-behavioral treatment with and without response prevention for bulimia. *Behav Res Ther*, 29(6), 575-583.
- Wilson, G. T., Rossiter, E., Kleifield, E. I., & Lindholm, L. (1986). Cognitive-behavioral treatment of bulimia nervosa: A controlled evaluation. *Behaviour Research and Therapy*, 24, 277-288.
- Woody, G., McLellan, A., Luborsky, L., & O'Brien, C. (1987). Twelve-month follow-up of psychotherapy for opiate dependence. *American-Journal-of-Psychiatry*, 144(5), 590-596.
- World Health Organisation. (2001). *World Health Report 2001: mental health: new understanding, new hope*. Geneva: WHO.
- Yalom, I. D. (1995). *The Theory and Practice of Group Psychotherapy* (4th ed ed.). New York: Basic Books.
- Young, J. E. (1999). *Cognitive Therapy for Personality Disorder: A Schema-Focused Approach* (3rd ed.). Sarasota, FL, US: Professional Resource Press/Professional Resource Exchange, In.
- Zanarini, M. C., Frankenburg, F. R., Hennen, J., & Silk, K. R. (2003). The longitudinal course of borderline psychopathology: 6-year prospective follow-up of the phenomenology of borderline personality disorder. *Am J Psychiatry*, 160(2), 274-283.
- Zaretsky, A. E., Segal, Z. V., & Gemar, M. (1999). Cognitive therapy for bipolar depression: a pilot study. *Can J Psychiatry*, 44(5), 491-494.
- Zito, J. M., Safer, D. J., DosReis, S., Gardner, J. F., Magder, L., Soeken, K., Boles, M., Lynch, F., & Riddle, M. A. (2003). Psychotropic practice patterns for youth: a 10-year perspective. *Arch Pediatr Adolesc Med*, 157(1), 17-25.
- Zuroff, D. C., Blatt, S. J., Sotsky, S. M., Krupnick, J. L., Martin, D. J., Sanislow, C. A., 3rd, & Simmens, S. (2000). Relation of therapeutic alliance and perfectionism to outcome in brief outpatient treatment of depression. *J Consult Clin Psychol*, 68(1), 114-124.